

# FREE EMPLOYEE RESOURCES



## EAP SERVICES

Lifestyle Employee Assistance Program includes: brief solution focused counseling, childcare and eldercare referrals, as well as legal and financial consultations and more. Call us at 800.989.3277.

## NATIONAL RESOURCES

Call 1.800.799.7233  
Visit [www.thehotline.org](http://www.thehotline.org)  
TEXT "START" TO 88788  
Available 24/7



## LOCAL RESOURCES

[HTTPS://NNEDV.ORG/CONTENT/STATE-U-S-TERRITORY-COALITIONS/](https://nnedv.org/content/state-u-s-territory-coalitions/)



Lifestyle EAP: 800.989.3277



[www.lifestyleeap.com](http://www.lifestyleeap.com)



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