






LIFESTYLE EAP
Wellness at Work



Career Development

Lifestyle EAP assists individuals seeking career development. Speak with a Career Coach for a 60 minute consultation on topics such as:

-  Career Exploration
-  Work-Life Integration
-  Interest Testing
-  Resume Review
-  Job Performance Concerns
-  Time Management

Lifestyle EAP Services are free, confidential & available to both employees and their family members.

Contact us at [1-800-989-3277](tel:1-800-989-3277) or www.lifestyleeap.com