



## Potassium's Effect on Blood Pressure



**Cranberries: A 'Tart' Choice for Health**

**Reasons Why Your Cheeks Might Hurt**

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tips** >



works with the  
Google Assistant

“Hey,  
Google.  
Talk to  
**Cleveland  
Clinic.”**

## Health Library



[Impetigo \(Skin Infection\): Causes, Symptoms, Treatment and Prevention](#)

## Links to Love

- 1 [Weight Loss: How to Reset Your Brain for Success](#)
- 2 [The Best Winter Skin Care Tips](#)
- 3 [Recipe: Roasted Carrots With Walnuts and Cranberries](#)