

# Meet your Medical Mutual Health Advocates!

We are excited to be a continued part of your healthcare and want to share a new resource that can help you make the most of your health plan.

## Health Advocacy Program

Our Health Advocacy program gives you access to a designated team of experts to guide you through your healthcare journey. This team is familiar with your health plan and can connect you with vital resources when you need extra support. They'll serve as a single point of contact who can:



- Connect you with a Medical Mutual nurse case manager or social worker to help manage your healthcare needs.
- Help identify in-network providers, as well as coordinate and schedule appointments.
- Connect you with a Medical Mutual pharmacist who can work with your doctor to review and update your medication plan.
- Share community resources in your area, such as transportation to and from medical appointments.
- Help you obtain pre-authorizations for medical services and equipment, resolve billing questions, and address other administrative items specific to your health benefits.

## Get Started Today!

Medical Mutual Health Advocates are available Monday through Thursday from 7:30 a.m. to 7:30 p.m. (ET), Friday from 7:30 a.m. to 6 p.m. (ET), and Saturday from 9 a.m. to 1 p.m. (ET).

**1-888-636-3622**