

Approximately **8%** of LGBTQ+ individuals & nearly **27%** of transgender individuals report being denied needed health care

Lifestyle EAP is committed to providing support for individuals and their loved ones, regardless of sexual orientation and gender identity or expression. We are a team dedicated to promoting a more inclusive community and world.

Contact us at 1-800-989-3277 or [www.lifestyleeap.com](http://www.lifestyleeap.com)

**38%** of transgender people say they have experienced slurs &

**28%** have experienced insensitive or offensive comments because of their gender identity or sexual orientation

Among U.S. adults, **4.5%** identify as lesbian, gay, bisexual, or transgender

**57%** of LGBTQ+ people say that they or an LGBTQ+ friend or family member have been threatened or non-sexually harassed. **51%** say that they have been sexually harassed or experienced violence because of their sexuality or gender identity

**48%** of transgender adults report that they have considered suicide in the last year, compared to **4%** of the overall US population

# FREE SUPPORT AND RESOURCES FOR THE LGBTQ+ COMMUNITY

**AARP Pride** this is AARP's online home for the lesbian, gay, bisexual and transgender (LGBT) community. The page is designed to spotlight articles on news, personal finance, relationships, travel and other topics of concern to older gay Americans, and their family and friends.

**American Civil Liberties Union** The ACLU works to ensure that lesbian, gay, bisexual, and transgender people can live openly without discrimination and enjoy equal rights, personal autonomy, and freedom of expression and association.

**Campus Pride** Campus Pride represents the leading national nonprofit 501(c) (3) organization for student leaders and campus groups working to create a safer college environment for LGBTQ students. The organization is a volunteer-driven network "for" and "by" student leaders. The primary objective of Campus Pride is to develop necessary resources, programs and services to support LGBTQ and ally students on college campuses across the United States.

**Family Equality Council** Family Equality Council's mission is to advance legal and lived equality for LGBTQ families, and for those who wish to form them, through building community, changing hearts and minds, and driving policy change.

**Fenway Health – Free LGBT Help Lines** Anonymous and confidential phone lines that offer lesbian, gay, bisexual, transgender, queer and questioning adults and young people a "safe place" to call for information, referrals, and support.

**GLMA** GLMA's mission is to ensure equality in healthcare for lesbian, gay, bisexual and transgender (LGBT) individuals and healthcare providers.

**GLBTQ Legal Advocates & Defenders** GLAD is New England's leading legal rights organization dedicated to ending discrimination based on sexual orientation, HIV status and gender identity and expression.

**The Gay, Lesbian & Straight Education Network** GLSEN strives to assure that each member of every school community is valued and respected regardless of sexual orientation or gender identity/expression.

**Human Rights Campaign** Working for Lesbian, Gay, Bisexual and Transgender equal rights. Through research, educational efforts and outreach, HRC encourages lesbian, gay, bisexual and transgender Americans to live their lives openly and seeks to change the hearts and minds of Americans to the side of equality.

**Lambda Legal** Lambda Legal, a 501(c)(3) nonprofit, is a national organization committed to achieving full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and everyone living with HIV through impact litigation, education and public policy work.

**Matthew Shepard Foundation** The Matthew Shepard Foundation empowers individuals to embrace human dignity and diversity through outreach, advocacy and resources, effecting positive change.

**National Center for Lesbian Rights** The NCLR is a national legal organization committed to advancing the civil and human rights of lesbian, gay, bisexual, and transgender people and their families through litigation, public policy advocacy, and public education.

**National Center for Transgender Equality** The National Center for Transgender Equality (NCTE) is a 501(c) (3) social justice organization dedicated to advancing the equality of transgender people through advocacy, collaboration and empowerment.

**National LGBT Cancer Network** The National LGBT Cancer Network works to improve the lives of LGBT cancer survivors and those at risk.

**National LGBT Chamber of Commerce** The NGLCC is committed to forming a broad-based coalition, representative of the various interests of LGBT-owned and friendly businesses, professionals, and students of business for the purpose of promoting economic growth and prosperity of its members.

**National LGBTQ Task Force** The National LGBTQ Task Force advances full freedom, justice and equality for LGBTQ people.

**National Suicide Prevention Lifeline** No matter what problems you are dealing with, we want to help you find a reason to keep living. By calling 1-800-273-TALK (8255) you'll be connected to a skilled, trained counselor at a crisis center in your area, anytime 24/7.

**Out & Equal** Out & Equal Workplace Advocates™ educates and empowers organizations, human resources professionals, employee resource groups, and individual employees through programs and services that result in equal policies, opportunities, practices, and benefits in the workplace regardless of sexual orientation, gender identity, expression, or characteristics.

**OutRight Action International** OutRight Action International is a leading international human rights organization dedicated to improving the lives of people who experience discrimination or abuse on the basis of their sexual orientation, gender identity or expression.

**The Trevor Project** The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24. The Trevor Project operates the only nationwide, around-the-clock suicide prevention helpline for gay and questioning youth: 1-866-488-7386.