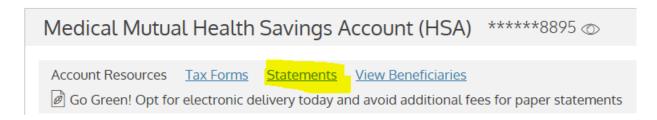
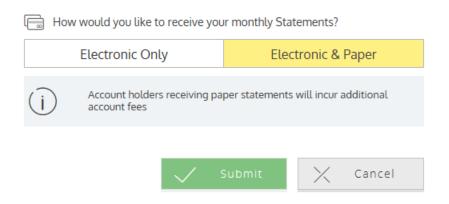
## INSTRUCTIONS TO OPT OUT OF PAPER STATEMENTS

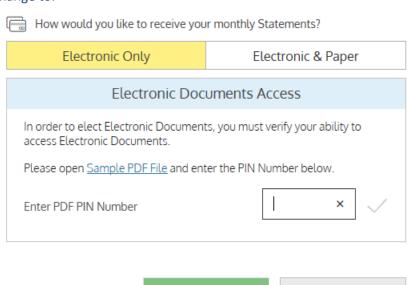
Log onto My Health Plan>Claims and Balances Tab My Spending Account Link > Accept Terms and Submit>My Accounts>Within Medical Mutual Health Savings Account (HSA) Account Resources> Select Statements



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## Change to:



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