

*We are all facing uncertain times.  
Lifestyle EAP is here to support you and your family members.*

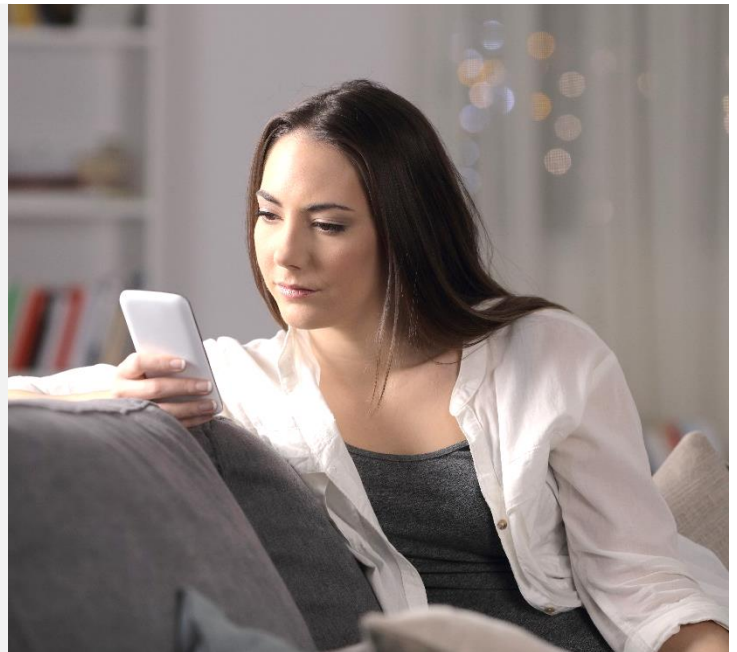
**Contact us today at 800-989-3277 to schedule a Virtual Visit with a licensed clinician for support.**



**LIFESTYLE EAP**  
*Wellness at Work*

### **Schedule a Virtual Visit**

- Caregiver Fatigue
- Stress & Uncertainty
- Balancing Roles
- Working & Homeschooling
- Burnout
- Substance Use Concerns
- Anxiety
- Relationship Issues



**Call Lifestyle EAP at 800.989.3277  
or visit [www.lifestyleeap.com](http://www.lifestyleeap.com)**