



**LIFESTYLE EAP**  
Wellness at Work



## Eldercare Services

Lifestyle EAP offers employees the opportunity to speak over the phone with Eldercare Specialists who are dedicated to providing assistance in the following areas:

- Independent Living Facilities
- Assisted Living Facilities
- Skilled Nursing Facilities
- Senior Centers/Adult Day Care
- Community Services and Resources
- Financial and Estate Planning Referrals
- Information on Senior Insurance Plans
- Hospice
- Geriatric Care Management
- Home Health Care Agencies
- Long-Distance Caregiving Resources
- Respite Care Resources
- Home Medical Equipment Suppliers
- Medicare/Medicaid Information
- Resources for Legal and Financial Issues
- Meal and Transportation
- Caregiver Support

Lifestyle EAP Services are free, confidential & available to both employees and their family members

Contact us today at 1-800-989-3277 or [www.lifestyleeap.com](http://www.lifestyleeap.com)