Egg and Cheese Sandwich l 1.99 l 260 Cal.
Bacon, Egg and Cheese Sandwich l 2.99 l 410 Cal.
Sausage, Egg and Cheese Sandwich l 2.99 l 390 Cal.
Turkey Sausage, Egg and Cheese Sandwich l 2.99 l 350 Cal.
Build Your Own Breakfast Sandwich l 3.29 l 260 Cal.
Egg any style, Marinated Veggies, Feta, Fresh Spinach and Kalamata Olives
Choice of Bread:
  Bagel, Sliced Bread (Texas Toast, White, Wheat or Rye),
  English Muffin, Pita Flatbread
Choice of Egg:
  Whole Egg Fried, Scrambled Egg or Egg White,
  Tofu Scramble

Sides
Fried Hash Brown Patty or Tater Tots l 2.19 l 160 - 300 Cal.
Oats with Dried Fruit l 2.29 l 240 Cal.
Oats with Dried Fruit and Nuts l 2.49
Just Oats l 1.99 l 230 Cal.