

OBIE GUIDE TO QUARANTINE

TIMING

- Quarantine begins once you have moved your belongings into your campus housing.
- Make sure you have everything you need, including devices and chargers, essential medications, snacks, toiletries, bedding, and clothes.

COMMON SPACES

- Please maintain at least six feet of social distancing and wear a mask whenever possible (you may remove it to shower and brush your teeth).
- Please use cleaning materials to disinfect commonly touched surfaces before and after use.
- If you live in an apartment, please limit your use common spaces during limited quarantine.

DINING

- Each residential area will be assigned specific times to go to a dining hall and pick up breakfast, lunch and dinner. Don't forget your mask!
- Students should remain outside only for the time it takes to pick up food and return to your housing.
- If you want additional food to take back to your room, please ask! No one should be hungry during limited quarantine.

SOCIAL ACTIVITIES

- Virtual programming will be available every day. Use this as an opportunity to explore your interests, reconnect with old friends, and make new ones!
- Utilize Zoom for informal gatherings, virtual games, poetry readings, distanced stretching, or 5-minute dance parties - be creative.
- Check on each other and let other people know how you are doing.

SUPPORT

- Call Student Health or the Counseling Center for telehealth consulting (remember, you can reach a professional counselor after hours by calling the Counseling Center and pressing 2).
- Reach out to a SHARE advisor to talk through whatever is on your mind.
- Call Campus Safety if you need immediate assistance - there are Student Life staff on call and available to help.

TEST RESULTS

- When you are notified of a negative test result, your quarantine period is ended and you may begin to access the campus following ObieSafe guidelines.
- When you are notified of a positive result, Student Health will contact you to make arrangements with you. Make sure you answer your phone!

OBIESAFE

CARING FOR OUR COMMUNITY

SAMPLER - QUARANTINE ONLINE ACTIVITIES

Consider checking out some of the following events... with more to come! Watch your email for the full schedule.



Community building events sponsored by your RAs • Join a team to take on a Playfair challenge • RemObies Trivia Night • League of Women Voters – Ohio politics and voter registration • RemObies “Create with Bob Ross” event – art supplies delivered to your room! • Cat in the Cream virtual talent night • Virtual Yeofit classes • The Obertones welcome first year talent • Staff hosted drop-in sessions to discuss music, books, sports, performing arts, video games, and more! • Multifaith drop-in hours • Virtual stretching • Current events discussions • Virtual dining tables – meet students who share your academic areas of interest • Movie discussions • Dining team cooking demonstrations • Wellness gatherings • First year orientation events – welcome our new class!

OBIESAFE

CARING FOR OUR COMMUNITY