

Oberlin College Group Number – 590467

2026 Annual Notice of Change

MedMutual Advantage PPO Plan

MedMutual Advantage PPO offered by Medical Mutual of Ohio (Medical Mutual)

Annual Notice of Change for 2026

You're currently enrolled as a member of MedMutual Advantage PPO.

This material describes changes to our plan's costs and benefits next year.

- You can make changes to your Medicare coverage for next year during your group's open enrollment period.
- To change to a different plan, visit www.Medicare.gov or review the list in the back of your Medicare & You 2026 handbook.
- Note this is only a summary of changes. More information about costs, benefits, and rules is in the *Evidence of Coverage*. Get a copy at MedMutual.com/MAgroup or call Customer Care at 1-800-801-4823 (TTY users call 711) to get a copy by mail.

More Resources

- Call Customer Care at 1-800-801-4823 for additional information. (TTY users should call 711.)
 Hours are 8 a.m. to 8 p.m. seven days a week from October 1 through March 31 (except
 Thanksgiving and Christmas), and 8 a.m. to 8 p.m. Monday through Friday from April 1 through
 September 30 (except holidays). Our automated telephone system is available 24 hours a day,
 seven days a week for self-service options. This call is free.
- This document is available in alternate formats (e.g., braille, large print, audio).

About MedMutual Advantage PPO

- MedMutual Advantage PPO is a PPO plan offered by Medical Mutual of Ohio with a Medicare contract. Enrollment in the MedMutual Advantage PPO plan depends on contract renewal.
- When this material says "we," "us," or "our", it means Medical Mutual of Ohio (Medical Mutual).
 When it says "plan" or "our plan," it means MedMutual Advantage PPO.

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Summary of Important Costs for 2026

	2025 (this year)	2026 (next year)
Monthly plan premium	Your group is responsible for paying your plan premium. If you are responsible for any contribution to the premium, your group's benefit administrator will let you know the amount you owe and how to pay.	Your group is responsible for paying your plan premium. If you are responsible for any contribution to the premium, your group's benefit administrator will let you know the amount you owe and how to pay.
Maximum out-of-pocket amounts This is the most you'll pay out of pocket for covered Part A and Part B services. (Go to Section 1 for details.)	From network providers: \$3,000 From network and out-of- network providers combined: \$3,000	From network providers: \$3,000 From network and out-of- network providers combined: \$3,000
Primary care office visits	In Network and Out of Network 15% of the total cost per visit	In Network and Out of Network 15% of the total cost per visit
Specialist office visits	In Network and Out of Network 15% of the total cost per visit	In Network and Out of Network 15% of the total cost per visit
Inpatient hospital stays Includes inpatient acute, inpatient rehabilitation, long- term care hospitals, and other types of inpatient hospitals services. Inpatient hospital care starts the day you're formally admitted to the hospital with a doctor's order. The day before you're discharged is your last inpatient day.	In Network and Out of Network Day 1 and thereafter: After the \$500 deductible is met, 15% of the total cost	In Network and Out of Network Day 1 and thereafter: After the \$500 deductible is met, 15% of the total cost
Part D drug coverage deductible (Go to Section 1.6 for details.)	\$0	\$0
Part D drug coverage (Go to Section 1.6 for details.)	Copayment/Coinsurance during the Initial Coverage Stage: Drug Tier 1: • \$10 copayment (retail) or \$20 copayment (mail order) per prescription for up to a 30-day supply	Copayment/Coinsurance during the Initial Coverage Stage: Drug Tier 1: • \$10 copayment (retail) or \$20 copayment (mail order) per prescription for up to a 30-day supply

2025 (this year)

 \$30 copayment (retail) or \$20 copayment (mail order) per prescription for up to a 90-day supply

Drug Tier 2:

- \$10 copayment (retail) or \$20 copayment (mail order) per prescription for up to a 30-day supply
- \$30 copayment (retail) or \$20 copayment (mail order) per prescription for up to a 90-day supply

Drug Tier 3:

- \$50 copayment (retail) or \$100 copayment (mail order) per prescription for up to a 30-day supply
- \$150 copayment (retail) or \$100 copayment (mail order) per prescription for up to a 90-day supply

You pay no more than \$35 per month supply of each covered insulin product on this tier.

Drug Tier 4:

- \$75 copayment (retail) or \$150 copayment (mail order) per prescription for up to a 30-day supply
- \$225 copayment (retail) or \$150 copayment (mail order) per prescription for up to a 90-day supply

You pay no more than \$35 per month supply of each covered insulin product on this tier.

Drug Tier 5:

 \$100 copayment per prescription for up to a 30day supply (retail or mail order)

A long-term supply is not available for drugs in Tier 5.

2026 (next year)

\$30 copayment (retail) or
 \$20 copayment (mail order)
 per prescription for up to a
 90-day supply

Drug Tier 2:

- \$10 copayment (retail) or \$20 copayment (mail order) per prescription for up to a 30-day supply
- \$30 copayment (retail) or \$20 copayment (mail order) per prescription for up to a 90-day supply

Drug Tier 3:

- \$50 copayment (retail) or \$100 copayment (mail order) per prescription for up to a 30-day supply
- \$150 copayment (retail) or \$100 copayment (mail order) per prescription for up to a 90-day supply

You pay no more than \$35 per month supply of each covered insulin product on this tier.

Drug Tier 4:

- \$75 copayment (retail) or \$150 copayment (mail order) per prescription for up to a 30-day supply
- \$225 copayment (retail) or \$150 copayment (mail order) per prescription for up to a 90-day supply

You pay no more than \$35 per month supply of each covered insulin product on this tier.

Drug Tier 5:

 \$100 copayment per prescription for up to a 30day supply (retail or mail order)

A long-term supply is not available for drugs in Tier 5.

Drug Tier 6:

 \$10 copayment (retail) or \$20 copayment (mail order)

	2025	2026
	(this year)	(next year)
		per prescription for up to a 30-day supply • \$30 copayment (retail) or \$20 copayment (mail order) per prescription for up to a 90-day supply
	Catastrophic Coverage Stage:	Catastrophic Coverage Stage:
	During this payment stage, you pay nothing for your covered Part D drugs.	During this payment stage, you pay nothing for your covered Part D drugs.
Pharmacy maximum out-of- pocket amount	\$2,000	\$2,100
This is the most you will pay out-of-pocket for your covered prescription drugs.		

SECTION 1 Changes to Benefits & Costs for Next Year

Section 1.1 Changes to the Monthly Premium

	2025	2026
	(this year)	(next year)
Monthly plan premium (You must also continue to pay your Medicare Part B premium.)	Your group is responsible for paying your plan premium. If you are responsible for any contribution to the premium, your group's benefit administrator will let you know the amount you owe and how to pay.	Your group is responsible for paying your plan premium. If you are responsible for any contribution to the premium, your group's benefit administrator will let you know the amount you owe and how to pay.

Factors that could change your Part D Premium Amount

- Late enrollment penalty Your monthly plan premium will be more if you're required to pay a
 lifetime Part D late enrollment penalty for going without other drug coverage that is at least as
 good as Medicare drug coverage (also referred to as creditable coverage) for 63 days or more.
- Higher Income Surcharge If you have a higher income, you may have to pay an additional amount each month directly to the government for Medicare drug coverage.

Section 1.2 Changes to Your Maximum Out-of-Pocket Amount

Medicare requires all health plans to limit how much you pay out-of-pocket for the year. This limit is called the maximum out-of-pocket amount. Once you've paid this amount, you generally pay nothing for covered Part A and Part B services and other health services not covered by Medicare for the rest of the calendar year.

7	2025	2026
	(this year)	(next year)
In-network maximum out-of-pocket amount Your costs for covered medical services (such as copayments and deductibles) from network providers count toward your maximum out-of-pocket amount. Our plan premium and your costs for prescription drugs don't count toward your maximum out-of-pocket amount.	\$3,000	\$3,000 (No change from 2025) Once you've paid \$3,000 out- of-pocket for covered Part A and Part B services, you'll pay nothing for your covered Part A and Part B services for the rest of the calendar year.
Combined maximum out-of-pocket amount Your costs for covered medical services (such as copayments) from in-network and out-of-network providers count toward your combined maximum out-of-pocket amount. Your plan premium and costs for outpatient prescription drugs don't count toward your maximum out-of-pocket amount for medical services.		\$3,000 (No change from 2025) Once you've paid \$3,000 out- of-pocket for covered Part A and Part B services, you'll pay nothing for your covered Part A and Part B services from network or out-of-network providers for the rest of the calendar year.

Section 1.3 Changes to the Provider Network

Our network of providers has changed for next year. Review the 2026 *Provider Directory* (MedMutual.com/MAgroup) to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network. Here's how to get an updated Provider Directory:

- Visit our website at MedMutual.com/MAgroup.
- Call Customer Care at 1-800-801-4823 (TTY users call 711) to get current provider information or to ask us to mail you a *Provider Directory*.

We can make changes to the hospitals, doctors, and specialists (providers) that are part of our plan during the year. If a mid-year change in our providers affects you, call Customer Care at 1-800-801-4823 (TTY users call 711) for help. For more information on your rights when a network provider leaves our plan, go to Chapter 3, Section 2.3 of your *Evidence of Coverage*.

Section 1.4 Changes to the Pharmacy Network

Amounts you pay for your prescription drugs can depend on which pharmacy you use. Medicare drug plans have a network of pharmacies. In most cases, your prescriptions are covered *only* if they are filled at one of our network pharmacies.

Our network of pharmacies has changed for next year. Review the 2026 *Pharmacy Directory* at MedMutual.com/MAgroup to see which pharmacies are in our network. Here's how to get an updated *Pharmacy Directory*:

- Visit our website at MedMutual.com/MAgroup.
- Call Customer Care at 1-800-801-4823 (TTY users call 711) to get current pharmacy information or to ask us to mail you a *Pharmacy Directory*.

We can make changes to pharmacies that are part of our plan during the year. If a mid-year change in our pharmacies affects you, call Customer Care at 1-800-801-4823 (TTY users call 711) for help.

Section 1.5 Changes to Benefits & Costs for Medical Services

Prior authorization requirements – see Chapter 4, Section 2 of your Evidence of Coverage for details	2025 (this year) Prior authorization rules may apply for certain services. Contact the plan for details.	2026 (next year) Prior authorization rules may apply for certain services. The services on the list have changed. Contact the plan for
Diabetic supplies – listed	In Network	details.
under Diabetes self- management training, diabetic services, and supplies in Chapter 4, Section 2 of the Evidence of Coverage	O% of the total cost for the following diabetic supplies: • A blood glucose meter (excluding continuous glucose monitors) • Blood glucose test strips • Lancing devices and glucose lancets • Glucose control solutions for checking the accuracy of test strips, glucose meters and glucose monitors Please note: In order to qualify for 0% coinsurance, diabetic test strips and meters must be produced by a preferred manufacturer, Abbott or Lifescan, and be purchased at an in-network retail or mail order pharmacy. Preferred products include Freestyle, OneTouch, Optium, Precision, and Relion Ultima. Non-preferred diabetic test strips and meters are covered (with	O% of the total cost for the following diabetic supplies: A blood glucose meter (excluding continuous glucose monitors – refer to DME section below for

	2025 (this year)	2026 (next year)
	0% coinsurance) when filled by an in-network durable medical equipment supplier. 0% of the total cost for all other diabetic supplies	Non-preferred diabetic test strips and meters are covered (with 0% coinsurance) when filled by an in-network durable medical equipment supplier. 0% of the total cost for all other diabetic supplies
Home-based palliative care See the Medical Benefits Chart in Chapter 4 of the <i>Evidence of Coverage</i> for more information.	\$0 copayment	This benefit is <u>not</u> covered.

Section 1.6 Changes to Part D Drug Coverage

Changes to Our Drug List

Our list of covered drugs is called a formulary or Drug List. A copy of our Drug List is provided electronically.

We made changes to our Drug List, which could include removing or adding drugs, changing the restrictions that apply to our coverage for certain drugs or moving them to a different cost-sharing tier. Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions, or if your drug has been moved to a different cost-sharing tier.

Most of the changes in the Drug List are new for the beginning of each year. However, we might make other changes that are allowed by Medicare rules that will affect you during the calendar year. We update our online Drug List at least monthly to provide the most up-to-date list of drugs. If we make a change that will affect your access to a drug you're taking, we'll send you a notice about the change.

If you're affected by a change in drug coverage at the beginning of the year or during the year, please review Chapter 9 of your Evidence of Coverage and talk to your prescriber to find out your options, such as asking for a temporary supply, applying for an exception and/or working to find a new drug. Call Customer Care at 1-800-801-4823 (TTY users call 711) for more information.

Section 1.7 Changes to Prescription Drug Benefits & Costs

Do you get Extra Help to pay for your drug coverage costs?

If you're in a program that helps pay for your drugs (Extra Help), the information about costs for Part D drugs does not apply to you. We sent you a separate material, called the *Evidence* of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs, which tells you about your drug costs. If you receive Extra Help and you don't get this material by September 30, please call Customer Care at 1-800-801-4823 (TTY users call 711) and ask for the *LIS Rider*.

Drug Payment Stages

There are **3 drug payment stages:** the Yearly Deductible Stage, the Initial Coverage Stage, and the Catastrophic Coverage Stage. The Coverage Gap Stage and the Coverage Gap Discount Program no longer exist in the Part D benefit.

• Stage 1: Yearly Deductible

We have no deductible, so this payment stage doesn't apply to you.

• Stage 2: Initial Coverage

In this stage, our plan pays its share of the cost of your drugs, and you pay your share of the cost. You generally stay in this stage until your year-to-date total drug costs reach \$2,100.

• Stage 3: Catastrophic Coverage

This is the third and final drug payment stage. In this stage, you pay nothing for your covered Part D drugs. You generally stay in this stage for the rest of the calendar year.

The Coverage Gap Discount Program has been replaced by the Manufacturer Discount Program. Under the Manufacturer Discount Program, drug manufacturers pay a portion of our plan's full cost for covered Part D brand name drugs and biologics during the Initial Coverage Stage and the Catastrophic Coverage Stage. Discounts paid by manufacturers under the Manufacturer Discount Program don't count toward out-of-pocket costs.

Drugs Costs in Stage 1: Yearly Deductible

The table shows your cost per prescription during this stage.

	2025	2026
	(this year)	(next year)
Yearly Deductible	Because we have no deductible, this payment stage doesn't apply to you.	Because we have no deductible, this payment stage doesn't apply to you.

Drugs costs in Stage 2: Initial Coverage

Go to the following table for the changes from 2025 to 2026.

The table shows your cost per prescription for a one-month (30-day) supply filled at a network pharmacy.

We changed the tier for some of the drugs on our Drug List. To see if your drugs will be in a different tier, look them up on the Drug List. Most adult Part D vaccines are covered at no cost to you. For more information about the costs of vaccines, go to Chapter 6 of your *Evidence of Coverage*.

Once you've paid **\$2,100** out of pocket for covered Part D drugs, you'll move to the next stage (the Catastrophic Coverage Stage).

	2025 (this year)	2026 (next year)
Tier 1:	Standard cost sharing:	Standard cost sharing:
Preferred Generic Drugs	You pay \$10 copayment (retail) or \$20 copayment (mail order) per prescription.	You pay \$10 copayment (retail) or \$20 copayment (mail order) per prescription.
Tier 2: Generic Drugs	Standard cost sharing: You pay \$10 copayment (retail) or \$20 copayment (mail order) per prescription.	Standard cost sharing: You pay \$10 copayment (retail) or \$20 copayment (mail order) per prescription.

	2025 (this year)	2026 (next year)
Tier 3:	Standard cost sharing:	Standard cost sharing:
Preferred Brand and Generic Drugs	You pay \$50 copayment (retail) or \$100 copayment (mail order) per prescription.	You pay \$50 copayment (retail) or \$100 copayment (mail order) per prescription.
	You pay no more than \$35 per month supply of each covered insulin product on this tier.	You pay no more than \$35 per month supply of each covered insulin product on this tier.
Tier 4:	Standard cost sharing:	Standard cost sharing:
Non-Preferred Drugs	You pay \$75 copayment (retail) or \$150 copayment (mail order) per prescription.	You pay \$75 copayment (retail) or \$150 copayment (mail order) per prescription.
	You pay no more than \$35 per month supply of each covered insulin product on this tier.	You pay no more than \$35 per month supply of each covered insulin product on this tier.
Tier 5:	Standard cost sharing:	Standard cost sharing:
Specialty Drugs	You pay \$100 copayment per prescription (retail or mail order).	You pay \$100 copayment per prescription (retail or mail order).
Tier 6:	N/A	Standard cost sharing:
Select Care Drugs		You pay \$10 copayment (retail) or \$20 copayment (mail order) per prescription.

Changes to the Catastrophic Coverage Stage

If you reach the Catastrophic Coverage Stage, you pay nothing for your covered Part D drugs and for excluded drugs that are covered under our enhanced benefit.

For specific information about your costs in the Catastrophic Coverage Stage, go to Chapter 6, Section 6, in your *Evidence of Coverage*.

SECTION 2 Administrative Changes

	2025 (this year)	2026 (next year)
Additional in-network coverage See Chapter 1, Section 3.2 and Chapter 3, Section 2.3 of the Evidence of Coverage for details.	If you need to seek covered services from providers who are outside Ohio or in the following Ohio counties (in other words, from an out-of-network provider), your Plan provides in-network coverage for these services, but only if the provider is eligible to participate in Medicare. These counties are Ashtabula, Athens, Belmont, Jefferson, Lawrence, and Meigs.	If you need to seek covered services from providers who are outside Ohio, your Plan provides in-network coverage for these services, but only if the provider is eligible to participate in Medicare.

	2025 (this year)	2026 (next year)
Durable medical equipment (DME)	These additional notes are shown in the Medical Benefits Chart:	These additional notes are shown in the Medical Benefits Chart:
See Chapter 4, Section 2 of the Evidence of Coverage	You must get durable medical equipment through our participating plan suppliers. You	You must get durable medical equipment through our participating plan suppliers.
for details.	cannot purchase these items from a pharmacy.	Continuous glucose monitors (CGMs) are only covered with an approved prior authorization.
Drug Assistance Program listings	Drug assistance program information is provided in Appendix 2 of the <i>Annual Notice of Changes</i> and Appendix 3 and 4 of your <i>Evidence of Coverage</i> .	Drug assistance program information provided in Appendix 2 of the <i>Annual Notice of Changes</i> and Appendix 3 and 4 of your <i>Evidence of Coverage</i> has been updated.
Income Related Monthly Adjustment Amount (IRMAA) URL See Chapter 1, Section 4.4 of the Evidence of Coverage for details.	https://www.medicare.gov/drug- coverage-part-d/costs-for- medicare-drug-coverage/monthly- premium-for-drug-plans	www.Medicare.gov/health-drug- plans/part-d/basics/costs
Mail-order supply for Part D prescription drugs See Chapter 5, Section 2.2 of the Evidence of Coverage for details.	Our plan's mail-order service allows you to order up to a 90- day supply .	Our plan's mail-order service allows you to order up to a 90-day supply. Our plan's mail-order service may have a lower cost-share compared to a retail pharmacy. However, to take advantage of the lower cost-sharing, you must fill your prescription for at least a two-month supply. Please contact Part D Customer Service at 1-844-404-7947 for information.
Medicaid Agency listings	Medicaid agency information is provided in Appendix 2 of your Evidence of Coverage.	Medicaid agency information provided in Appendix 2 of your Evidence of Coverage has been updated.

	2025 (this year)	2026 (next year)
Medicare Prescription Payment Plan	The Medicare Prescription Payment Plan is a payment option that began this year and can help you manage your out-of-pocket costs for drugs covered by our plan by spreading them across the calendar year (January- December). You may be participating in this payment option.	If you're participating in the Medicare Prescription Payment Plan and stay in the same Part D plan, your participation will be automatically renewed for 2026. To learn more about this payment option, call us at 1-800-801-4823 (TTY users call 711) or visit www.Medicare.gov.
Payment requests for Part D prescription drug claims See Chapter 2, Section 1 and Chapter 7, Section 2 of the Evidence of Coverage for details.	The mailing address is listed as: Express Scripts Attn: Medicare Part D P.O. Box 14718 Lexington, KY 40512-4718	The mailing address is listed as: Express Scripts Attn: Medicare Part D P.O. Box 52023 Phoenix, AZ 85082
Pharmacy network changes See the 2026 Pharmacy Directory for details.	CVS is part of the pharmacy network.	CVS is no longer part of the pharmacy network.
Quality Improvement Organization (QIO) contact information	The QIO for Ohio (and for other states in Regions 2, 3, 5, 7, and 9) is listed in Chapter 2, Section 4 of the <i>Evidence of Coverage</i> under the Livanta name with the TTY number of 1-888-985-8775 and the following mailing address: 10820 Guilford Rd., Suite 202, Annapolis Junction, MD 20701.	The QIO for Ohio (and for other states in Regions 2, 3, 5, 7, and 9) is listed in Chapter 2, Section 4 of the <i>Evidence of Coverage</i> under the Commence Health name with the TTY number of 711 and the following mailing address: P.O. Box 2687, Virginia Beach, VA 23450.
State Health Insurance Assistance Program Iistings	State health insurance assistance program information is provided in Appendix 1 of the <i>Annual Notice of Changes</i> and Appendix 1 of your <i>Evidence of Coverage</i> .	State health insurance assistance program information provided in Appendix 1 of the <i>Annual Notice of Changes</i> and Appendix 1 of your <i>Evidence of Coverage</i> has been updated.

Transportation and

transplant services -

listed under "Inpatient

Chapter 4 Section 2 of

lodging for

hospital care" in

the Evidence of

Coverage

2025 (this year)

The Evidence of Coverage includes the following language for travel and lodging for transplant services:

Transplant providers may be located to the following language.

Transplant providers may be local or outside of the service area. If our in-network transplant services are outside the community pattern of care, you may choose to go locally as long as the local transplant providers are willing to accept the Original Medicare rate. If MedMutual Advantage PPO provides transplant services at a location outside the pattern of care for transplants in your community and you choose to get transplants at this distant location, we'll arrange or pay for appropriate lodging and transportation costs for you and a companion.

2026 (next year)

The Evidence of Coverage includes the following language for travel and lodging for transplant services:

Transplant providers may be local or outside of the service area. If our in-network transplant services are outside the community pattern of care, you may choose to go locally as long as the local transplant providers are willing to accept the Original Medicare rate. If MedMutual Advantage PPO provides transplant services at a location outside the pattern of care for transplants in your community and you choose to get transplants at this distant location, we'll arrange or pay for appropriate lodging and transportation costs for you and a companion provided the covered transplant occurs more than 75 miles from your permanent residence. We will cover transportation and lodging for you and a companion up to a maximum of \$10,000 per transplant. Meals are not included. Documentation of expenses is required for reimbursement. Please contact Customer Care for details.

2025 (this year)

2026 (next year)

Using a pharmacy that's not in our plan's network

See Chapter 5, Section 2.4 of the Evidence of Coverage for details. The description of when prescriptions are covered at an out-of-network pharmacy includes the following language:

- If the prescriptions are related to care for a medical emergency or urgently needed care, they will be covered. In this situation, you will have to pay the full cost (rather than paying just the copayment or coinsurance) when you fill your prescription. You can ask us to reimburse you by submitting a paper claim to us for up to usual, customary, and reasonable (UCR). Any amount you pay over the UCR will be applied to your TrOOP (True Out-Of-Pocket cost).
- If you are traveling within the United States, but outside the plan's service area, and you become ill or run out of your prescription drugs, we will cover prescriptions that are filled at an out-of-network pharmacy (if you follow all other coverage rules identified within this document and a network pharmacy is unavailable). In this situation, you will have to pay the full cost (rather than paying just the copayment or coinsurance) when you fill your prescription. You can ask us to reimburse you by submitting a paper claim to us for up to usual, customary, and reasonable (UCR). Any amount you pay over the UCR will be applied to your TrOOP.

The description of when prescriptions are covered at an out-of-network pharmacy includes the following language:

- If the prescriptions are related to care for a medical emergency or urgently needed care, they will be covered. In this situation, you will have to pay the full cost (rather than paying just the copayment or coinsurance) when you fill your prescription. You can ask us to reimburse you by submitting a paper claim to us for up to usual, customary, and reasonable (UCR). Any amount you pay over the UCR will be applied to your Part D Out-Of-Pocket Costs.
- If you are traveling within the United States, but outside the plan's service area, and you become ill or run out of your prescription drugs, we will cover prescriptions that are filled at an out-of-network pharmacy (if you follow all other coverage rules identified within this document and a network pharmacy is unavailable). In this situation, you will have to pay the full cost (rather than paying just the copayment or coinsurance) when you fill your prescription. You can ask us to reimburse you by submitting a paper claim to us for up to usual, customary, and reasonable (UCR). Any amount you pay over the UCR will be applied to your Part D Out-of-Pocket Costs.

SECTION 3 How to Change Plans

To stay in MedMutual Advantage PPO, you don't need to do anything. Unless you sign up for a different plan or change to Original Medicare by December 7, you'll automatically be enrolled in our MedMutual Advantage PPO.

If you want to change plans for 2026, follow these steps:

- To change to a different Medicare health plan, enroll in the new plan. You'll be automatically disenrolled from MedMutual Advantage PPO.
- To change to Original Medicare with Medicare drug coverage, enroll in the new Medicare drug plan. You'll be automatically disenrolled from MedMutual Advantage PPO.
- To change to Original Medicare without a drug plan, you can send us a written request to disenroll. Call Customer Care at 1-800-801-4823 (TTY users call 711) for more information on how to do this. Or call Medicare at 1-800-MEDICARE (1-800-633-4227) and ask to be disenrolled. TTY users can call 1-877-486-2048. If you don't enroll in a Medicare drug plan, you may pay a Part D late enrollment penalty (go to Section 1.1).

To learn more about Original Medicare and the different types of Medicare plans, visit www.Medicare.gov, check the *Medicare & You 2026* handbook, call your State Health Insurance Assistance Program (go to Section 5, or call 1-800-MEDICARE (1-800-633-4227). As a reminder, Medical Mutual offers other Medicare health plans. These other plans can have different coverage, monthly plan premiums, and cost-sharing amount.

SECTION 3.1 Deadlines for Changing Plans

People with Medicare can make changes to their coverage **during your group's open enrollment period**.

If you enrolled in a Medicare Advantage plan for January 1, 2026, and don't like your plan choice, you can switch to another Medicare health plan (with or without Medicare drug coverage) or switch to Original Medicare (with or without separate Medicare drug coverage) between January 1 – March 31, 2026.

SECTION 3.2 Are there other times of the year to make a change?

In certain situations, people may have other chances to change their coverage during the year. Examples include people who:

- Have Medicaid
- Get Extra Help paying for their drugs
- Have or are leaving employer coverage
- Move out of our plan's service area

If you recently moved into, or currently live in, an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (with or without Medicare drug coverage) or switch to Original Medicare (with or without separate Medicare drug coverage) at any time. If you recently moved out of an institution, you have an opportunity to switch plans or switch to Original Medicare for 2 full months after the month you move out.

SECTION 4 Get Help Paying for Prescription Drugs

You can qualify for help paying for prescription drugs. Different kinds of help are available:

- Extra Help from Medicare. People with limited incomes may qualify for Extra Help to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly drug plan premiums, yearly deductibles, and coinsurance. Also, people who qualify won't have a late enrollment penalty. To see if you qualify, call:
 - 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048, 24 hours a day,7 days a week.
 - Social Security at 1-800-772-1213 between 8 a.m. and 7 p.m., Monday Friday for a representative. Automated messages are available 24 hours a day. TTY users can call 1-800-325-0778.
 - Your State Medicaid Office.
- Prescription Cost-sharing Assistance for Persons with HIV/AIDS. The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible people living with HIV/AIDS have access to life-saving HIV medications. To be eligible for the ADAP operating in your state, you must meet certain criteria, including proof of state residence and HIV status, low income as defined by the state, and uninsured/under-insured status. Medicare Part D drugs that are also covered by ADAP qualify for prescription cost-sharing help through the Ohio AIDS Drug Assistance Program. For information on eligibility criteria, covered drugs, how to enroll in the program, or, if you're currently enrolled, how to continue getting help, call 1-800-777-4775. Be sure, when calling, to inform them of your Medicare Part D plan name or policy number.
- The Medicare Prescription Payment Plan. The Medicare Prescription Payment Plan is a payment option that works with your current drug coverage to help you manage your out-of-pocket costs for drugs covered by our plan by spreading them across the calendar year (January December). Anyone with a Medicare drug plan or Medicare health plan with drug coverage (like a Medicare Advantage plan with drug coverage) can use this payment option. This payment option might help you manage your expenses, but it doesn't save you money or lower your drug costs.

Extra Help from Medicare and help from your SPAP and ADAP, for those who qualify, is more advantageous than participation in the Medicare Prescription Payment Plan. All members are eligible to participate in the Medicare Prescription Payment Plan payment option. To learn more about this payment option, call us at 1-800-801-4823 (TTY users call 711) or visit www.Medicare.gov.

SECTION 5 Questions?

Get Help from MedMutual Advantage PPO

Call Customer Care at 1-800-801-4823. (TTY users call 711).

We're available for phone calls 8 a.m. to 8 p.m. seven days a week from October 1 through March 31 (except Thanksgiving and Christmas), and 8 a.m. to 8 p.m. Monday through Friday from April 1 through September 30 (except holidays). Our automated telephone system is available 24 hours a day, seven days a week for self-service options. Calls to these numbers are free.

Read your 2026 Evidence of Coverage

This *Annual Notice of Change* gives you a summary of changes in your benefits and costs for 2026. For details, go to the *2026 Evidence of Coverage* for MedMutual Advantage PPO. The *Evidence of Coverage* is the legal, detailed description of our plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. Get the *Evidence of Coverage* on our website at MedMutual.com/MAgroup or call Customer Care at 1-800-801-4823 (TTY users call 711) to ask us to mail you a copy.

Visit MedMutual.com/MAgroup

Our website has the most up-to-date information about our provider network (*Provider Directory/Pharmacy Directory*) and our List of Covered Drugs (formulary/Drug List).

Get Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. See Appendix 1 to find the SHIP in your state.

Call your SHIP to get free personalized health insurance counseling. They can help you understand your Medicare plan choices and answer questions about switching plans. For more information, call the phone number or visit the website for your state's SHIP listed in Appendix 1.

Get Help from Medicare

Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

• Chat live with www.Medicare.gov

You can chat live at www.Medicare.gov/talk-to-someone.

• Write to Medicare

You can write to Medicare at PO Box 1270, Lawrence, KS 66044

Visit www.Medicare.gov

The official Medicare website has information about cost, coverage, and quality Star Ratings to help you compare Medicare health plans in your area.

Read Medicare & You 2026

The *Medicare* & *You 2026* handbook is mailed to people with Medicare every fall. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. Get a copy at www.Medicare.gov or by calling 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.

APPENDIX 1 State Health Insurance Assistance Programs (SHIPs)

State Health Insurance Assistance Programs (SHIPs) TTY numbers require special telephone equipment and are only for people who have		
	nearing or speaking. If there is no TTY number indicated, dial	
State	Address/Website	Phone
Alabama	State Health Insurance Assistance Program (SHIP) Alabama Department of Senior Services 201 Monroe St., Suite 350 Montgomery, AL 36104 www.alabamaageline.gov/ship/	1-800-243-5463
Alaska	State Health Insurance Assistance Program (SHIP) Alaska Medicare Information Office 3601 C St., Suite 902 Anchorage, AK 99811 http://hss.medicare@alaska.govhealth.alaska.gov/en/senior-and-disabilities-services/medicare-office	1-800-478-6065 TTY: 1-800- 770-8973
Arizona	State Health Insurance Assistance Program (SHIP) Individuals should contact the SHIP office in the county in which they reside. https:// azship.org	1-800-432-4040
Arkansas	Senior Health Insurance Information Program (AR SHIIP) Arkansas Insurance Department One Commerce Way Little Rock, AR 72202 https://www.shiipar.com	1-800-224-6330
California	State Health Insurance Assistance Program (SHIP) California Health Insurance Counseling and Advocacy Program (HICAP) https://www.aging.ca.gov/hicap/	1-800-434-0222
Colorado	Senior Health Insurance Assistance Program (SHIP) Division of Insurance Colorado Department of Regulatory Agencies 1560 Broadway, Suite 850 Denver, CO 80202 https://doi.colorado.gov/insurance-products/health-insurance/senior-health-care-medicare	1-888-696-7213
Connecticut	The CHOICES Program - Connecticut Health insurance assistance, Outreach, Information and referral, Counseling and Eligibility Screening Aging and Disability Services 55 Farmington Ave., 12 th Floor Hartford, CT. 06105 https://portal.ct.gov/ADS-CHOICES	1-800-994-9422
Delaware	Delaware Medicare Assistance Bureau (DMAB) https://insurance.delaware.gov/divisions/dmab	1-800-336-9500

	nsurance Assistance Programs (SHIPs)	
	require special telephone equipment and are only for people v	
	hearing or speaking. If there is no TTY number indicated, dia	,
State	Address/Website	Phone
District of	DC State Health Insurance Assistance Program (SHIP)	1-202-727-8370
Columbia	InsuHealth Insurance Assistance	
	500 K Street, NE Washington, D.C. 20002	
	https://dcoa.dc.gov/service/dc-state-health-insurance-	
	assistance-program-ship	
Florida	Serving Health Insurance Needs of Elders (SHINE)	1-800-963-5337
	Program	TTY: 1-800-
	Florida Department of Elder Affairs	955-8770
	4040 Esplanade Way	000 0110
	Tallahassee, FL 32399-7000	
	https://www.floridashine.org	
Georgia	Georgia SHIP	1-866-552-4464
_	Georgia Department of Human Services' (DHS) Division	(Option #4)
	of Aging Services (DAS) State Health Insurance	Monday
	Assistance Program	through Friday,
	47 Trinity Ave. S.W.	8 a.m. – 5 p.m.
	Atlanta, GA. 30334	
	https://aging.georgia.gov/georgia-ship	
Guam	Guam Medicare Assistance Program (GUAM MAP)	1-671-735-7421
	State Health Insurance Assistance Program (SHIP)	1-671-735-7415
	https://dphss.guam.gov	<u> </u>
Hawaii	Hawaii State Health Insurance Assistance Program	1-808-586-7299
	(SHIP)	Toll Free 1-888-
	Hawaii State Department of Health	875-9229
	Executive Office on Aging – No. 1 Capitol District 250 South Hotel St., Suite 406	
	Honolulu, HI 96813-2831	
	https://www.hawaiiship.org	
Idaho	Senior Health Insurance Benefits Advisors (SHIBA) –	1-800-247-4422
	Idaho Department of Insurance	Monday
	700 West State St., 3rd Floor	through Friday,
	P.O. Box 83720	8 a.m. to 5 p.m.
	Boise, ID 83720-0043	
Illinois	https://www.shiba.idaho.gov Senior Health Insurance Program (SHIP)	1-800-252-8966
IIIIIOIS	One Natural Resources Way, #100	
	Springfield, IL. 62702-1271	TTY: 711 (TRS)
	https://www.illinois.gov/aging/ship	
Indiana	State Health Insurance Assistance Program (SHIP)	1-800-452-4800
	311 W. Washington St.	
	Indianapolis, IN 46204	
	https://www.in.gov/ship	
Iowa	Senior Health Insurance Information Program SHIIP-	1-800-351-4664
	SMP	TTY: 1-800-
	https://shiip.iowa.gov	735-2942

	urance Assistance Programs (SHIPs)	uho hovo
	uire special telephone equipment and are only for people vering or speaking. If there is no TTY number indicated, dial	
State	Address/Website	Phone
Kansas		
Nansas	Senior Health Insurance Counseling for Kansas	1-800-860-5260
	(SHICK)	
	Kansas Department for Aging and Disability Services New England Building	
	503 South Kansas Ave.	
	Topeka, KS 66603-3404	
	https://www.kdads.ks.gov/commissions/commission-on-	
	aging/medicare-programs/shick	
Kentucky	State Health Insurance Assistance Program (SHIP)	1-877-293-7447
Homaony	Kentucky Cabinet for Health and Family Services	(Option #2)
	Department for Aging and Independent Living Office of	(Option #2)
	the Secretary	
	275 East Main St., 3E-E	
	Frankfort, KY 40621	
	https://chfs.ky.gov/agencies/dail/Pages/ship.aspx	
Louisiana	Senior Health Insurance Information Program (SHIIP)	1-800-259-5300
	1702 N. Third St. P.O. Box 94214	
	Baton Rouge, LA 70802	
	https://www.ldi.la.gov/consumers/senior-health-shiip	
Maine	Maine State Health Insurance Assistance Program	1-800-262-2232
	(SHIP)	(SHIP)
	Maine Department of Health and Human Services	1-877-353-3771
	109 Capital Street	(ADRC)
	11 State House Station	,
	Augusta, ME 04333	
	https://www.maine.gov/dhhs/oads/get-support/older-	
	adults-disabilities/older-adult-services/ship-medicare- assistance	
Maryland	State Health Insurance Assistance Program (SHIP)	1-800-243-3425
wai yiana	Maryland Department of Aging	1-000-2-0-0-20
	301 West Preston St., Suite 1007	
	Baltimore, MD 21201	
	https://aging.maryland.gov/Pages/state-health-	
	insurance-program.aspx	
Massachusetts	Serving Health Information Needs of Elders (SHINE)	1-800-243-4636
	https://www.mass.gov/health-insurance-counseling	TTY/ASCII:
		(800)-439-2370
Michigan	Michigan Medicare Assistance Program (MMAP, Inc.)	1-800-803-7174
- J	https://www.mmapinc.org	
Minnesota	Minnesota Senior LinkAge Line	1-800-333-2433
	540 Cedar St.	
	St. Paul, MN 55164	
	https://mn.gov/senior-linkage-line/	

	urance Assistance Programs (SHIPs)	
	uire special telephone equipment and are only for people w	
	aring or speaking. If there is no TTY number indicated, dial	
State	Address/Website	Phone
Mississippi	State Health Insurance Assistance Program (SHIP)	1-844-822-4622
	Mississippi Department of Human Services Division of	(SHIP)
	Aging & Adult Services	1-601-359-4500
	200 S. Lamar St.	
	Jackson, MS 39201	
	https://www.mdhs.ms.gov/adults-seniors/services-for-	
Missouri	seniors/state-health-insurance-assistance-program	1 000 200 2220
MISSOULI	Missouri SHIP, State Health Insurance Assistance	1-800-390-3330
	Program (SHIP) https://www.missouriship.org	
Montana	Montana State Health Insurance Assistance Program	1-800-551-3191
Wioritaria	(SHIP)	1-000-331-3191
	https://dphhs.mt.gov/sltc/aging/SHIP	
Nebraska	Nebraska Senior Health Insurance Information Program	1-800-234-7119
	(SHIIP)	
	Nebraska Department of Insurance	
	2717 S. 8th St., Suite 4	
	Lincoln, NE 68508	
	https://doi.nebraska.gov/ship	
Nevada	Nevada Medicare Assistance Program (MAP)	1-800-307-4444
	3208 Goni Rd., Suite 181	
	Carson City, NV 89706	
	https://www.nevedacareconnection.org/care-	
	options/types-of-services/healthcare/medicare-	
	assistance-program-map/	4 000 004 0440
New Hampshire	New Hampshire State Health Insurance Assistance	1-866-634-9412
	Program (SHIP)	
Now Jorgov	https://www.dhhs.nh.gov State Health Insurance Assistance Program (SHIP) New	1-800-792-8820
New Jersey	Jersey Department of Human Services Division of Aging	1-000-792-0020
	Services	
	https://www.state.nj.us/humanservices/doas/services/shi	
	p/	
New Mexico	New Mexico ADRC – State Health Insurance Assistance	1-800-432-2080
	Program (SHIP)	TTY: 1-505-
	New Mexico Aging & Long-Term Services Dept.	476-4937
	2550 Cerrillos Road	
	Santa Fe, NM 87505	
	https://aging.nm.gov	
New York	Health Insurance Information Counseling and	1-800-701-0501
	Assistance Program (HIICAP)	
	https://aging.ny.gov/health-insurance-information-	
	counseling-and-assistance	

State Health Insurance Assistance Programs (SHIPs)			
TTY numbers require special telephone equipment and are only for people who have			
	aring or speaking. If there is no TTY number indicated, dia	:	
State	Address/Website	Phone	
North Carolina	Seniors' Health Insurance Information Program (SHIIP)	1-855-408-1212	
	North Carolina Department of Insurance		
	3200 Beechleaf Court		
	Raleigh, NC 2760		
	https://www.ncdoi.gov/consumers/medicare-and-		
Nanda Balada	seniors-health-insurance-information-program-shiip.	4 000 575 0044	
North Dakota	North Dakota Insurance Department State Health	1-888-575-6611	
	Insurance Assistance Program (SHIP)		
	600 E. Boulevard Ave. Bismarck, ND 58505		
	https://www.insurance.nd.gov/consumers/medicare		
Ohio	Ohio Senior Health Insurance Information Program	1-800-686-1578	
	(OSHIIP)	Monday	
	Ohio Department of Insurance	through Friday	
	50 West Town St., 3rd Floor, Suite 300 Columbus, OH 43215	7:30 a.m 5	
	https://insurance.ohio.gov/about-us/divisions/oshiip	p.m.	
Oklahoma	Senior Health Insurance Counseling Program (SHIP)	1-800-763-2828	
Okialiollia	Oklahoma Insurance Department	1-000-703-2020	
	400 NE 50th St.		
	Oklahoma City, OK 73105		
	https://www.oid.ok.gov		
Oregon	Senior Health Insurance Benefits Assistance (SHIBA)	1-800-722-4134	
3	https://shiba.oregon.gov		
Pennsylvania	Pennsylvania Medicare Education and Decision Insight	1-800-783-7067	
	– PA MEDI	Monday	
	http://www.aging.pa.gov	through Friday	
		8 a.m. to 5 p.m.	
Puerto-Rico	State Health Insurance Assistance Program SHIP	1-877-725-4300	
	https://agencias.pr.gov/ship	TTY: 787-919-	
		7291	
Rhode Island	Rhode Island State Health Insurance Assistance	1-888-884-8721	
	Program (SHIP)	TTY: 1-401-	
	Rhode Island Department of Human Services	462-0740	
	Office of Healthy Aging		
	25 Howard Ave. Building 57		
	Cranston, RI 02920		
0	https://oha.ri.gov/medicare	4 000 000 0005	
South Carolina	State Health Insurance Assistance Program (SHIP)	1-800-868-9095	
	1301 Gervais St., Suite 350		
	Columbia, SC 29201 https://www.getcaresc.com/guide/insurance-counseling-		
	medicaremedicaid		
	modicalcinculcalc	<u>\</u>	

State Health Insurance Assistance Programs (SHIPs)		
	quire special telephone equipment and are only for people rearing or speaking. If there is no TTY number indicated, dia	
	earing or speaking. If there is no 1114 number indicated, dia Address/Website	
State South Dakota	Senior Health Information and Insurance Education (SHIINE) https://www.shiine.net	Phone Eastern South Dakota: 1-800- 536-8197 Central South Dakota: 1-877- 331-4834 Western South Dakota: 1-877-
Tennessee	Tennessee State Health Insurance Assistance Program (SHIP)	286-9072 1-877-801-0044
Texas	https://tn.gov/aging/ship Health Information Counseling and Advocacy Program (HICAP) – Texas Department of Aging and Disability	1-800-252-9240
US Virgin Islands	https://www.hhs.texas.gov/services/health/medicare The Virgin Islands State Health Insurance Assistance Program (VI SHIP) https://ltg.gov.vi/departments/vi-ship-medicare	1-340-773-6449 (St. Croix) 1-340-774-2991 (St. Thomas/St. John)
Utah	Senior Health Insurance Information Program (SHIP) Aging and Adult Services of Utah https://daas.utah.gov/seniors/	1-800-541-7735
Vermont	State Health Insurance Assistance Program (SHIP) Vermont Association for Area Agencies on Aging https://asd.vermont.gov.	1-800-642-5119 802-241-0294
Virginia	Virginia Insurance Counseling and Assistance Program (VICAP) Virginia Division for the Aging 1610 Forest Ave., Suite 100 Henrico, VA 23229 https://www.vda.virginia.gov/vicap.htm	1-800-552-3402
Washington	Statewide Health Insurance Benefits Advisors (SHIBA) Office of the Insurance Commissioner https://www.insurance.wa.gov/about-oic/what-we-do/advocate-for-consumers/shiba/	1-800-562-6900 TTY: 1-360- 586-0241 Monday through Friday 8 a.m. to 5 p.m.
West Virginia	West Virginia State Health Insurance Assistance Program (WV SHIP) West Virginia Bureau of Senior Services 1900 Kanawha Boulevard East Town Center Mall, 3 rd Level Charleston, WV 25305 https://www.wvship.org	1-877-987-4463 304-558-3317

State Health Insurance Assistance Programs (SHIPs) TTY numbers require special telephone equipment and are only for people who have difficulties with hearing or speaking. If there is no TTY number indicated, dial 711.			
State	Address/Website	Phone	
Wisconsin	State Health Insurance Assistance Program (SHIP) https://www.dhs.wisconsin.gov/benefit-specialists/medicare-counseling.htm	1-800-242-1060	
Wyoming	Wyoming State Health Insurance Information Program (WSHIIP) http://www.wyomingseniors.com/services/wyomingstate-health-insurance-information-program	1-800-856-4398	

APPENDIX 2 AIDS Drug Assistance Programs (ADAPs)

AIDS Drug Assistance Programs (ADAPs)		
TTY numbers require special telephone equipment and are only for people who have difficulties		
with hearing or s	speaking. If there is no TTY number indicated, dial 711.	
State	Address/Website	Phone
Alabama	Alabama AIDS Drug Assistance Program	1-866-574-9964
	HIV/AIDS Division	
	Alabama Department of Public Health	
	The RSA Tower	
	201 Monroe St., Suite 1400	
	Montgomery, AL 36104	
	https://www.alabamapublichealth.gov/hiv/adap.html	
Alaska	Alaskan AIDS Assistance Association	1-800-478-2437
	1057 W. Fireweed Ln., Suite 102	
	Anchorage, AK 99503	
	https://www.alaskanaids.org/client-services/aids-drug-	
	assistance-program-adap	
Arizona	Arizona Department of Health Services	1-800-334-1540
	150 N. 18th Ave.,	1-602-364-4571
	Phoenix, AZ 85007	
	https://azdhs.gov//preparedness/epidemiology-disease-	
	control/disease-integration-services/index.php	
Arkansas	Arkansas Department of Health	1-501-661-2408
	Infectious Disease Branch	1-800-462-0599
	4815 W. Markham St., Slot 33	
	Little Rock, AR 72205	
	https://healthy.arkansas.gov/programs-services/diseases-conditions/infectious-disease/ryan-white-program/	
California	California Department of Public Health	1-844-421-7050
Camornia	Center for Infectious Diseases	ADAP CALL
	Office of AIDS	CENTER
	MS 0500, P.O. Box 997377	1-916-558-1784
	Sacramento, CA 95899-7377	1 010 000 1704
	https://www.cdph.ca.gov/Programs/CID/DOA/Pages/OAad	
	ap.aspx	
Colorado	Colorado Department of Public Health Environment	1-303-692-2000
	Care and Treatment Program ADAP-3800	
	4300 Cherry Creek Dr. South	
	Denver, CO 80246	
	https://colorado.gov/PACIFIC/CDPHE/state-drug-	
	assistance-program	
Connecticut	Connecticut Department of Public Health	1-800-424-3310
	410 Capitol Ave.	
	Hartford, CT 06134	
	https://ctdph.primetherapeutics.com/	
Delaware	Division of Public Health	Local: 1-302-
	Thomas Collins Building	744-1050
	540 S. DuPont Highway	Customer
	Dover, DE 19901	Service: 1-888-
	https://ramsellcorp.com/medical_professionals/de.aspx	311-7632

AIDS Drug Assistance Programs (ADAPs)		
TTY numbers require special telephone equipment and are only for people who have difficulties with hearing or speaking. If there is no TTY number indicated, dial 711.		
State	Address/Website	Phone
District of Columbia	District of Columbia Department of Health, DC Pharmacy Benefits Program (DC ADAP) 2201 Shannon Place, SE Washington, DC 20020 https://dchealth.dc.gov/Pharmacy_Benefits	202-442-5955
Florida	Florida Department of Health HIV/AIDS Section AIDS Drug Assistance Program 4052 Bald Cypress Way Tallahassee, FL 32399 https://www.floridahealth.gov/diseases-and- conditions/aids/adap/index.html	1-850-245-4422 ADAP HELP DESK: 1- 844-381-2327 HIV/AIDS HOTLINE: English 1-800- 352-2437 Spanish 1-800- 545-7432 Haitian Creole 1- 800-2437-101 TTY: 1-888-503- 7118
Georgia	Georgia Department of Public Health, Health Protection, Office of HIV/AIDS 2 Peachtree St. NW Atlanta, GA 30333 https://dph.georgia.gov/hiv-care/aids-drug-assistance-program-adap	1-404-656-9805
Hawaii	Hawaii Department of Health Harm Reduction Services Branch 3627 Kilauea Ave., #306 Honolulu, HI 96816 https://health.hawaii.gov/harmreduction/about-us/hiv-programs/hiv-medical-management-services/	1-808-733-9360 1-808-733-9361
Idaho	Idaho Ryan White Part B Program 450 West State St. P.O. Box 83720 Boise, ID 83720 https://healthandwelfare.idaho.gov/Healthwellness/diseases-conditions/ human-immunodeficiency-virus-hiv	1-208-334-5612 HIV Prevention: 1-208-616-2755 RyanWhite/ADA P: 1-208-985- 3019
Illinois	Illinois Medication Assistance Program 525 W. Jefferson St., 1st Floor Springfield, IL 62761 https://www.dph.illinois.gov/topics-services/diseases-and-conditions/hiv-aids/ryan-white-care-and-hopwa-services	1-800-825-3518

AIDS Drug Assistance Programs (ADAPs)		
TTY numbers require special telephone equipment and are only for people who have difficulties		
with hearing or speaking. If there is no TTY number indicated, dial 711.		
State	Address/Website	Phone
Indiana	Indiana State Department of Health, HIV/STD Viral	1-866-588-4948
	Hepatitis Division	
	2 North Meridian St., Suite 6C Indianapolis, IN 46204	
	https://www.in.gov/health/hiv-std-viral-hepititis/hiv-	
	services/#programs	
lowa	Iowa Health and Human Services Bureau of HIV, STI, and	1-515-204-3746
	Hepatitis	
	321 East 12th St.	
	Des Moines, IA 50319-0075	
	https://hhs.iowa.gov/hiv-sti-and-hepatitis/hivaids-program	4 707 000 5:=:
Kansas	Kansas Department of Health & Environment	1-785-296-6174
	1000 South West Jackson, Suite 210	
	Topeka, KS 66612 https://www.kdhe.ks.gov/355/The-Ryan-White-Part-B-	
	Program	
Kentucky	Kentucky Department for Public Health	1-502-564-6539
 y	Cabinet for Health and Family Services	1-800-420-7431
	HIV/AIDS Branch	1.20
	275 East Main St., HS2E-C	
	Frankfort, KY 40621	
	https://chfs.ky.gov/agencies/dph/dehp/hab/Pages/servic	
1	es.aspx	4 504 500 7471
Louisiana	Louisiana Office of Public Health	1-504-568-7474
	Louisiana Health Access Program 1450 Poydras St., Suite 2136	
	New Orleans, LA 70112	
	https://www.lahap.org/	
Maine	Maine Center for Disease Control and Prevention ADAP	1-207-287-3747
	40 State House Station	
	Augusta, ME 04330	
	https://www.maine.gov/dhhs/mecdc/infectious-disease/hiv-	
Mondond	std/services/ryan-white-b.shtml	1 110 707 0505
Maryland	Maryland AIDS Drug Assistance Program (MADAP) 1223 W. Pratt St.	1-410-767-6535
	Baltimore, MD 21223	1-800-205-6308
	https://health.maryland.gov/OIDPCS/ Pages/madap.aspx	
Massachusetts	Community Resource InitiativeAttn: Community research	1-800-228-2714
	Initiative of New England/HDAP	617-502-1700
	The Schrafft's City Center	option 1
	529 Main St., Suite 301	
	Boston, MA 02129	
	https://crihealth.org/drug-assistance/hdap/	<u> </u>

AIDS Drug Assistance Programs (ADAPs)			
	equire special telephone equipment and are only for people wh	o have difficulties	
with hearing or speaking. If there is no TTY number indicated, dial 711.			
State	Address/Website	Phone	
Michigan	HIV Care Section Division of HIV/STI Programs, Client and	1-888-826-6565	
-	Partner Services Bureau of HIV and STI Programs		
	Michigan Department		
	P.O. BOX 30727		
	Lansing, MI 48913		
	https://www.michigan.gov/en/mdhhs/keep-mi-		
	healthy/chronicdiseases/hivsti/michigan-drug-assistance-		
	program		
Minnesota	HIV/AIDS Programs	1-800-657-3761	
	Minnesota Department of Human Services		
	P.O. Box 64972		
	St. Paul, MN 55164		
	https://mn.gov/dhs/people-we-serve/adults/health-care/hiv-		
	aids/programs-services/medications.jsp		
Mississippi	Mississippi State Department of Health	1-888-343-7373	
	Office of STD/HIV Care and Treatment Division		
	P.O. BOX 1700		
	Jackson, MS 39215		
	https://msdh.ms.gov/msdhsite/_static/14,13047,150.ht		
	ml		
Missouri	Bureau of HIV, STD, and Hepatitis	1-888-252-8045	
	Missouri Department of Health and Senior Services		
	P.O. Box 570		
	Jefferson City, MO 65102		
	https://health.mo.gov/living/healthcondiseases/commun		
	icable/hivaids/casemgmt.php	4 400 444 0505	
Montana	Montana Ryan White HIV Treatment Program	1-406-444-3565	
	1400 Broadway	1-406-444-5622	
	Cogswell Bldg. Room C-211		
	1400 Broadway		
	Helena, MT 59620		
	https://dphhs.mt.gov/publichealth/hivstd/treatment/mtryanw		
Nobroska	hiteprog	1 100 171 0101	
Nebraska	Nebraska AIDS Drug Assistance Program	1-402-471-2101	
	P.O. Box 95026		
	Lincoln, NE 68509		
Nevada	https://dhhs.ne.gov/Pages/HIV-Care.aspx Office of HIV2290 S. Jones Blvd, Suite 110	1-702-486-0768	
14CVaUa	·	1-102-400-0100	
	Las Vegas, NV 89146 https://endhivnevada.org/ryan-white-care/		
New	DHHS-NH CARE Program	1-603-271-4502	
Hampshire	29 Hazen Dr.		
Hampsine		800-852-3345	
	Concord, NH 03301		
	https://www.dhhs.nh.gov/programs-services/disease- prevention/infectious-disease-control/nh-ryan-white-care-		
	program/nh-aids		
	į programinimalas		

	stance Programs (ADAPs)			
TTY numbers require special telephone equipment and are only for people who have difficulties				
	peaking. If there is no TTY number indicated, dial 711.			
State	Address/Website	Phone		
New Jersey	New Jersey ADDP Office	1-877-613-4533		
	P.O. Box 360			
	Trenton, NJ 08625			
	https://www.nj.gov/health/hivstdtb/hiv-			
New Mexico	aids/medications.shtml	1 505 476 2620		
INEM MIGNICO	New Mexico Department of Health HIV Services Program	1-505-476-3628		
	1190 St. Francis Dr., Suite S-1200			
	Santa Fe, NM 87502			
	https://nmhealth.org/about/phd/idb/hats/			
New York	HIV Uninsured Care Programs, Empire Station	1-800-542-2437		
	P.O. Box 2052	1-844-682-4058		
	Albany, NY 12220			
	https://www.health.ny.gov/diseases/aids/general/resour			
Namela O!!	ces/adap/	4 077 400 0000		
North Carolina	N.C. Dept. of Health and Human Services, Epidemiology Section	1-877-466-2232		
	Communicable Disease Branch	919-733-9161		
	1907 Mail Service Center			
	Raleigh, NC 27699			
	https://epi.dph.ncdhhs.gov/cd/hiv/hmap.html			
North Dakota	North Dakota Department of Health	1-800-472-2180		
	Division of Disease Control	701-328-2378		
	2635 E. Main Avenue			
	Bismarck, ND 58506-5520 https://www.ndhealth.gov/hiv/RyanWhite/			
Ohio	Ohio AIDS Drug Assistance Program (ADAP), HIV Client	1-800-777-4775		
	Services,	. 000 111 4110		
	Ohio Department of Health			
	246 North High St.			
	Columbus, OH 43215			
	https://odh.ohio.gov/wps/portal/gov/odh/know-our-			
	programs/Ryan-White-Part-B-HIV-Client-			
Oklohoma	Services/AIDS-Drug-Assistance-Program/	1 405 274 4626		
Oklahoma	HIV/STD Services Division, Oklahoma State Department of Health	1-405-271-4636		
	1000 N.E. Tenth St.			
	Mail Drop 0308			
	Oklahoma City, OK 73117-1299			
	https://oklahoma.gov/content/dam/ok/en/health/health2/ae			
	m-documents/prevention-and-preparedness/sexual-health-harm-reduction/provider-info/training-material/hiv-			
	hdapbrochure14.pdf			
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AIDS Drug Assi	stance Programs (ADAPs)			
TTY numbers require special telephone equipment and are only for people who have difficulties				
with hearing or speaking. If there is no TTY number indicated, dial 711.				
State	Address/Website	Phone		
Oregon	CAREAssist Program	1-971-673-0144		
•	800 NE Oregon St., Suite 1105			
	Portland, OR 97232			
	https://www.oregon.gov/oha/PH/DISEASESCONDITIO			
	NS/HIVSTDVIRALHEPATITIS/HIVCARETREATMENT/			
	CAREASSIST/Pages/index.aspx			
Pennsylvania	Pennsylvania Department of Health	1-800-922-9384		
	Special Pharmaceutical Benefits Program			
	625 Forster St., H & W Bldg., Rm 611			
	Harrisburg, PA 17120			
	https://www.pa.gov/agencies/health/diseases-			
	conditions/infectious-disease/hiv/special-pharmaceutical-			
	benefits.html			
Rhode Island	Executive Office of Health and Human Services	1-401-462-3295		
	Office of HIV/AIDS			
	Virks Building			
	3 West Rd. Suite 227			
	Cranston, RI 02920			
	https://www.eohhs.ri.gov/Consumer/Adults/RyanWhite			
0	HIVAIDS.aspx	4 000 050 0054		
South Carolina	South Carolina Drug Assistance Program DHEC Constituent Services	1-800-856-9954		
	2600 Bull Street	HIV/STD Hotline:		
	Columbia, SC 29211	1-800-322-2437		
	https://dph.sc.gov/diseases-conditions/infectious-			
	diseases/hivaids/aids-drug-assistance-program			
South Dakota	South Dakota Department of Health	1-800-592-1861		
Coulii Bukota	Ryan White Part B CARE Program	605-773-3737		
	615 East 4th St.	000-110-3131		
	Pierre, SD 57501			
	https://doh.sd.gov/topics/disease-prevention-			
	services/hivaids/ryan-white-part-b-program/			
Tennessee	Tennessee Department of Health, HIV/STD Program,	1-800-525-2437		
	Ryan White Part B Services	615-741-7500		
	710 James Robertson Parkway 4th Floor	0.0.1.7.000		
	Andrew Johnson Tower			
	Nashville, TN 37243			
	https://www.tn.gov/health/health-program-			
	areas/std/std/ryan-white-part-b.html			
Texas	Texas HIV Medication Program,	1-800-255-1090		
	ATTN: MSJA, MC 1873	737-255-4300		
	P.O. BOX 149347			
	Austin, TX 78714			
	https://www.dshs.texas.gov/hivstd/meds/			

	AIDS Drug Assistance Programs (ADAPs)				
TTY numbers require special telephone equipment and are only for people who have difficulties					
hearing or speaking. If there is no TTY number indicated, dial 711.					
Address/Website Phone					
ont Vermont Department of Health, Vermont Medication 1-802-95	1-4005				
Assistance Program(VMAP) 1-802-863					
108 Cherry St., P.O. Box 70					
Burlington, VT 05402					
https://www.healthvermont.gov/immunizations-infectious-					
disease/hiv/care					
nia Virginia Department of Health, HCS Unit 1-855-362	2-0658				
1st Floor, James Madison Building					
109 Governor St.					
Richmond, VA 23219					
https://www.vdh.virginia.gov/disease-prevention/vamap/					
nington Client Services 1-877-376					
P.O. Box 47841 (in Washi	ngton				
Olympia, WA 98504 State)					
The Early Intervention Program (EIP) 360-236-3	3426				
https://doh.wa.gov/you-and-your-family/illness-and-					
disease-z/hiv/hiv-care-client-services/early-intervention-					
program District of October 1: Department of the HIV/AIDO 2000 674	4000				
nington, District of Columbia Department of health, HIV/AIDS, 202-671-4					
Hepatitis, STD, and TB Administration, AIDS Drugs DC ADAP					
Assistance Program Hotline 20	ປ2-671-				
899 North Capitol St. NE 4815					
Washington, DC 20002					
https://dchealth.dc.gov/Pharmacy_Benefits	2.005				
Virginia West Virginia Office of Epidemiology & Prevention 1-304-232	2-6822				
Services					
Jay Adams, HIV Care Coordinator					
P.O. Box 6360					
Wheeling, WV 26003					
https://oeps.wv.gov/rwp/pages/default.aspx	4				
onsin Department of Health Services 1-800-99					
Attn: ADAPP.O. Box 2659 1-608-26					
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Madison, WI 53701 1-608-267					
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Madison, WI 53701 https://www.dhs.wisconsin.gov/hiv/hdap.htm ming Wyoming Department of Health 401 Hathaway Building 1-307-777 1-866-577					
Madison, WI 53701 https://www.dhs.wisconsin.gov/hiv/hdap.htm ming Wyoming Department of Health 401 Hathaway Building Cheyenne, WY 82002 1-608-267 1-608-267 1-866-57	1-0944				
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Madison, WI 53701 https://www.dhs.wisconsin.gov/hiv/hdap.htm ming Wyoming Department of Health 401 Hathaway Building Cheyenne, WY 82002 rican Department of Public Health LBJ Tropical Medical Center 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-307-77 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-608-267 1-808-	1-0944				
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Madison, WI 53701 https://www.dhs.wisconsin.gov/hiv/hdap.htm ming Wyoming Department of Health 401 Hathaway Building Cheyenne, WY 82002 rican Department of Public Health LBJ Tropical Medical Center P.O. Box F Pago Pago, AS 96799	1-0944				

	istance Programs (ADAPs) equire special telephone equipment and are only for people w	ho have difficulties		
with hearing or speaking. If there is no TTY number indicated, dial 711.				
State	Address/Website	Phone		
Federated Sates of Micronesia	Federated States of Micronesia, Department of Health Services, FSM National HIV/AIDS Program Mogithin Building Palikir Sta P.O. Box PS-70 Palikir Pohnpei, FM 96941 https://www.fsmgov.org	011-691-320- 2619		
Guam	Department of Public Health and Social Services, Bureau of Communicable Disease of Control Ryan White HIV/AIDS Office 520 West Santa Monica Avenue Dededo, GU 96929 http://dphss.guam.gov/ryan-white-hiv-aids-program/	671-735-3603		
Marshall Islands	Majuro, MH	011-692-329- 4031		
Northern Mariana Islands	CNMI Department of Public Health P.O. Box 500409 Saipan, MP 96950 https://www.chcc.health/	1-670-664-4050		
Palau	Ministry of Public Health, Communicable Disease Unit P.O. Box 6027 Koror, PW 96940 https://www.palaugov.pw/	011-680-488- 1360		
Puerto Rico	Departamento de Salud, OCASet, Programa Ryan White PartB P.O. Box 70184 San Juan, PR 00936-8184 https://www.salud.pr.gov/CMS/DOWNLOAD/6886	1-787-765-2929 Ext. 5106-5137		
Virgin Islands	John Moorehead Complex (Old Hospital) Communicable Diseases Clinic, Building 1 St. Thomas, VI 00802 https://doh.vi.gov/programs/communicable-diseases/	1-340-774-9000		

Notice of Availability of Language Assistance and Auxiliary Aids and Services



English

ATTENTION: If you speak [language], free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 1-800-382-5729 (TTY: 711) or speak to your provider.

Spanish

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. También están disponibles de forma gratuita ayuda y servicios auxiliares apropiados para proporcionar información en formatos accesibles. Llame al 1-800-382-5729 (TTY: 711) o hable con su proveedor.

German

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachassistenzdienste zur Verfügung. Entsprechende Hilfsmittel und Dienste zur Bereitstellung von Informationen in barrierefreien Formaten stehen ebenfalls kostenlos zur Verfügung. Rufen Sie 1-800-382-5729 (TTY: 711) an oder sprechen Sie mit Ihrem Provider.

Italian

ATTENZIONE: se parli Italiano, sono disponibili servizi di assistenza linguistica gratuiti. Sono inoltre disponibili gratuitamente ausili e servizi ausiliari adeguati per fornire informazioni in formati accessibili. Chiama l'1-800-382-5729 (TTY: 711) o parla con il tuo fornitore.

Russian

ВНИМАНИЕ: Если вы говорите на русский, вам доступны бесплатные услуги языковой поддержки. Соответствующие вспомогательные средства и услуги по предоставлению информации в доступных форматах также предоставляются бесплатно. Позвоните по телефону 1-800-382-5729 (ТТҮ: 1-711) или обратитесь к своему поставщику услуг.

French

ATTENTION: Si vous parlez Français, des services d'assistance linguistique gratuits sont à votre disposition. Des aides et services auxiliaires appropriés pour fournir des informations dans des formats accessibles sont également disponibles gratuitement. Appelez le 1-800-382-5729 (TTY: 711) ou parlez à votre fournisseur.

Chinese

注意:如果您说[中文],我们将免费为您提供语言协助服务。 我们还免费提供适当的辅助工具和服务,以无障碍格式提供信息。致电 1-800-982-3117(文本电话:711)或咨询您的服务提供商。

Order Number: Z8188-MCA R8.25

Dept of Ins. Filing Number: Z8188-MCA R8.25

Vietnamese

LƯU Ý: Nếu bạn nói tiếng Việt, chúng tôi cung cấp miễn phí các dịch vụ hỗ trợ ngôn ngữ. Các hỗ trợ dịch vụ phù hợp để cung cấp thông tin theo các định dạng dễ tiếp cận cũng được cung cấp miễn phí. Vui lòng gọi theo số 1-800-382-5729 (Người khuyết tật: 711) hoặc trao đổi với người cung cấp dịch vụ của bạn."

Arabic

، قيبرعل قغلل اشدحت تنك اذا نويبنت قيبرعل الملك . قين الملك . قين

Korean

주의: [한국어]를 사용하시는 경우 무료 언어 지원 서비스를 이용하실 수 있습니다. 이용 가능한 형식으로 정보를 제공하는 적절한 보조 기구 및 서비스도 무료로 제공됩니다. 1-800-382-5729 (TTY: 711)번으로 전화하거나 서비스 제공업체에 문의하십시오.

Cushite/Oromo

HUBACHIISA: Yoo Afaan Oromoo dubbattu ta'e, tajaajiloonni gargaarsa afaanii bilisaa isiniif ni argamu. Deeggarsi dabalataa fi tajaajilootni mijaa'oo ta'an odeeffannoo bifa dhaqqabamaa ta'een kennuuf gargaaranis kaffaltii malee ni argamu. Gara 1-800-382-5729 (TTY: 711) tti bilbilaa ykn dhiyeessaa keessan haasofsiisaa.

Tagalog

PAALALA: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga libreng serbisyong tulong sa wika. Magagamit din nang libre ang mga naaangkop na auxiliary na tulong at serbisyo upang magbigay ng impormasyon sa mga naa-access na format. Tumawag sa 1-800-382-5729 (TTY: 711) o makipag-usap sa iyong provider.

Romanian

ATENŢIE: Dacă vorbiţi Română, aveţi la dispoziţie servicii de asistenţă lingvistică gratuite. De asemenea, sunt disponibile gratuit materiale şi servicii auxiliare adecvate pentru furnizarea de informaţii în formate accesibile. Sunaţi la 1-800-382-5729 (TTY: 711) sau contactaţi-vă furnizorul.

Japanese

注:日本語を話される場合、無料の言語支援サービスをご利用いただけます。アクセシブル(誰もが利用できるよう配慮された)な形式で情報を提供するための適切な補助支援やサービスも無料でご利用いただけます。1-800-382-5729(TTY:711)までお電話ください。または、ご利用の事業者にご相談ください。

Dutch

LET OP: als je Nederlands spreekt, zijn er gratis taalhulpdiensten voor je beschikbaar. Passende hulpmiddelen en diensten om informatie in toegankelijke formaten te verstrekken, zijn ook gratis beschikbaar. Bel 1-800-382-5729 (TTY: 711) of spreek met je provider.

Pennsylvania Dutch

WICHDICH: Wann du Deitsch schwetzscht un hoscht Druwwel fer Englisch verschtehe, kenne mer epper beigriege fer dich helfe unni as es dich ennich eppes koschte zeelt. Mir kenne dich helfe aa wann du Druwwel hoscht fer heere odder sehne. Mir kenne Schtofft lauder mache odder iesier fer lese un sell koscht dich aa nix. Ruf 1-800-382-5729 (TTY: 711) uff odder schwetz mit dei Provider.

Ukrainian

УВАГА: Якщо ви розмовляєте українська мова, вам доступні безкоштовні мовні послуги. Відповідні допоміжні засоби та послуги для надання інформації у доступних форматах також доступні безкоштовно. Зателефонуйте за номером 1-800-382-5729 (ТТҮ: 711) або зверніться до свого постачальника.

Navajo

BAA'ÁKONÍNÍZIN: Diné bizaad bíyáti' nílt'įį', t'áá jíík'ehgo saad bee áká anilyeedígíí t'áá hólo. T'áá jíík'ehgo áká anilyeedígíí dóó bee haz'ánígíí t'áá hólo, t'áá íiyisí bee t'áá ájík'ehgo. 1-800-382-5729 (TTY: 711) bich'j' hodíilnih dóó provider ni'doolnííł.

Notice of Nondiscrimination and Accessibility Requirements: Discrimination is Against the Law

Medical Mutual of Ohio complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex (consistent with the scope of sex discrimination described at 45 CFR § 92.101(a)(2)). Medical Mutual of Ohio does not exclude people or treat them less favorably because of race, color, national origin, age, disability, or sex.

Medical Mutual of Ohio:

- Provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats).
- Provides free language assistance services to people whose primary language is not English, which may include:
 - Qualified interpreters
 - Information written in other languages.

If you need reasonable modifications, appropriate auxiliary aids and services, or language assistance services, contact our Civil Rights Coordinator at CivilRightsCoordinator@MedMutual.com.

If you believe that Medical Mutual of Ohio has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our Civil Rights Coordinator.

100 American Road Cleveland, OH 44144 Call: 1-800-382-5729 (TTY: 711)

Email: CivilRightsCoordinator@MedMutual.com

You can file a grievance in person, by mail, or email. If you need help filing a grievance, our Civil Rights Coordinator (who is also our Section 1557 Coordinator) is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 800-537-7697 (TDD)

- Complaint forms are available at: http://www.hhs.gov/ocr/office/file/index.html
- This notice is available at Medical Mutual's website: www.MedMutual.com

Questions about your benefits or other inquiries about your health insurance should be directed to Medical Mutual's Customer Care Department at 1-800-382-5729.

Products marketed by Medical Mutual may be underwritten by one of its subsidiaries, such as Medical Health Insuring Corporation of Ohio or MedMutual Life Insurance Company.