



LIFESTYLE EAP
Wellness at Work



Financial Wellness Services

Lifestyle EAP offers individuals the opportunity to speak with Financial Educators over the phone to help navigate financial topics. Examples of the types of financial matters for this program include:

- Budgeting
- Rebuilding Your Credit
- Bankruptcy/Foreclosure Prevention
- Credit Card Debt
- Tax Preparation
- Garnishment Prevention
- First Time Home Buying
- Pre-Retirement Analysis
- Financial Planning
- Major Life Event Planning

One 30 minute telephonic consultation available per issue.
Financial calculators & resources available via the web.

Lifestyle EAP Services are free, confidential & available to both employees and their family members.

Contact us today at 1-800-989-3277 or www.lifestyleeap.com