



## Registered Nurses that Answer Your Calls

You wake up Sunday morning with a fever. You don't think it's serious enough to require a trip to the emergency room or walk-in clinic. Yet you're uncomfortable and need information and relief. **Right now!**

What do you do if you don't want to wait until the next morning to see your doctor? If you're a CIGNA HealthCare member, just call the **CIGNA HealthCare 24-Hour Health Information Line<sup>SM</sup>** and speak to a registered health information nurse. All you need is a telephone. You don't even have to get out of bed!



CIGNA HealthCare health information nurses are always available when you need guidance about your health - even minor concerns. The nurse can:

- Listen to your symptoms and help you assess your needs.
- Refer you to a nearby emergency room, if needed.

- Connect you to the Health Information Library, where you can choose from hundreds of detailed audio-taped programs on important health topics.

When is a good time to speak with a Health Information Nurse?

- You have a stomachache, but aren't sure if you should wait to see your personal physician or seek care as soon as possible.
- Your child has an earache in the middle of the night.
- You think you pulled a muscle carrying a heavy box.
- You're traveling and think you may be developing a sinus infection.

The CIGNA 24-Hour Health Information Line. Convenient. Toll-free. **Call 1.800.CIGNA 24 from anywhere. At anytime.**

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